

St John's Senior School



Subject: P.E. (Badminton)

Form: 3rd & 4th form

Term: Spring

WEEK	TOPIC
14	Recap safety and set up. Grip, stance (home position) and movement.
15	Long and short serve.
16	Returning serve (net and overhead clear)
17	Net clear rallies and overhead rallies.
18	Outwitting opponents (smash and drop shot).
19	Singles play.
20	Singles play tactics
21	Doubles play (long and short/side by side).
22	Doubles play tactics
23	Match play (assessment).
24	Match play